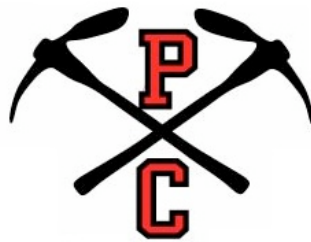


2009-2010 PCHS ATHLETIC PACKET

Sports teams' budgets are developed on the number of students who make the team and participate in any practices after the date of team selection or official UHSAA start date. Students who enter sports activities will be charged the participation fee if they attend practices beginning and/or after these established dates. There will be no refunds after this time.



In order to participate in any sport, students must have the following items turned in to the Park City High School Main Office prior to participation.

***FEE OR FEE WAIVER (CHECKS PAYABLE TO PCHS). ALL FEES MUST BE PAID AT PARK CITY HIGH SCHOOL.**

Participation fee is:

\$85.00 Football

\$60.00 All other sports

***CURRENT PHYSICAL**

*Please follow the instructions for completing the physical forms included in this packet.

*The Participant & Parental Disclosure Document must be completed.

*Page 1 of the Pre-participation Physical Evaluation must be completed by the parent.

*Page 2 of the Pre-participation Physical Evaluation form must be completed by a physician.

*Physicals are good, and kept on file, for one year from the date of the physical. It must not expire during the sport you are participating in.

***CONTRACT**

PCHS contract must be completed in full and signed by parent and student.

***TRY OUT FORM**

The UHSAA Try-Out form must be completed in full, signed by parent, student and coach. This form must be completed by each student who tries out for the team.

INFORMATION ON POLICIES OF PCHS

No Tolerance for Drugs, Alcohol, or Tobacco

The UHSAA and PCHS support the U.S. Supreme Court rulings regarding education. First, to prepare students to be good citizens. Second, to teach them to be self-reliant and self-sufficient. Activities of the UHSAA and PCHS contribute to both of these goals. The use of alcohol, tobacco products, and / or other drugs in every instance deters the realization of these goals. Every effort shall be made at the local, region, and state levels of participation to eradicate the promotion, use or abuse of alcohol, drugs, and tobacco with regard to participation in high school sports and activities. Limitation for participation of students in Utah High School Activities regarding the use of alcohol, tobacco products, and / or other drugs, as defined in the Utah Code are:

1. **First Offense:** Suspension from two consecutive games, meets, matches, competitions, or performances at the same level of play (and any intervening levels as well). Practice may continue following a personal assessment of the student by a licensed substance abuse intervention or treatment program and/or participation in a district approved intervention program.
2. **Second Offense:** A six-week suspension from games, meets, matches, competitions, or performances. Student participation in an assessment by a licensed substance abuse intervention or treatment program with prescribed follow up is required. Practice may continue only after the assessment has been completed and positive participation in the prescribed follow up is occurring.
3. **Third Offense:** An eighteen-week suspension from all games, meets, matches, competitions, performances, and practices. Where applicable this suspension is predicated upon successful completion of a formal assessment, intervention, and treatment program. Local school or school district restrictions may not be less than those outlined above. In all of the foregoing offenses, local school and/or school district requirements, which deal with discipline, suspension, corrective measures, parent/guardian involvement, rehabilitation, and so forth, must be met.

Park City School District Academic Requirements

1. All athletes will maintain a GPA of 2.0 for the quarter preceding athletic participation.
2. An athlete may participate in sports with a maximum of one "F" from the preceding quarter or midterm grades, on a one-time basis, if the following procedure is followed:
 - A. The athlete will obtain his grade average for the week from each teacher using the form supplied by the athletic director. (See athletic director)
 - B. The athlete will submit the form to the athletic director each Friday.
 - C. If any weekly grades are below a "D" or are "Incomplete", the athlete will not participate in sports practices or contests for the following week.

Attendance Requirements:

Students will be permitted the equivalent of 3 block periods of absence in each class for each marking period (quarter) of the year. A block period is a single class of approximately 90 minutes. It is the student's responsibility for an excused absence. Participation in athletics will not count against 3 block absences.

In order to participate in extra curricular activities/practices, the student **must** be in class or study hall **TWO periods** before the practice or departure for a contest. This includes after school and weekend activities. An administrator must clear any exceptions one day in advance.

UHSAA HANDBOOK CONSTITUTION, BY LAWS & INTERPRETATIONS
(Condensed)

Constitution:

Sponsored Activities: The interscholastic activities within the jurisdiction of this Association are: Baseball, Basketball, Cross Country, Drill Teams, Football, Golf, Soccer, Softball, Swimming & Diving, Tennis, Track, Volleyball, Wrestling, Jazz Festival, Solo and Ensemble Festival, Forensics, Drama and Interpretative Festival. Such other activities not enumerated above as may be approved by the Board of Trustees.

By-Laws:

Eligibility of Players: **(a)** Eligibility to participate in Association athletic activities is limited to high school students who meet all of the Association's eligibility requirements. **(b)** Ninth grade students enrolled in junior high schools, if otherwise eligible, may participate in Association activities with an appropriate high school. Students may participate in Association activities while enrolled in the ninth grade if the school permits. A student who is enrolled in a junior high school but participates in Association activities for a high school shall be deemed to have attended that high school. If such a student shall enroll in a different high school for the tenth grade, that enrollment shall be considered a transfer and shall be subject to the requirements of the Association's Transfer Rule (Article I Section 8). **(c)** Any student who is suspended from a member school for violation of the Safe Schools (including practice) provision of that district board of education shall be declared ineligible for participation in any activity for a period equal to any suspension, bar or dismissal, but in no case shall the period exceed twelve months. If the student is transferred to another school the transfer rule provisions will apply (see especially By-Laws Article I-8-D). **(d)** A student may establish initial eligibility either by trying out for a team or by a student's first day of attendance at any member high school subject to the policies, rules and regulations of the governing school board.

Transfer of Eligibility: Any student transferring from one high school to another shall lose eligibility for participation in Association sponsored athletic activities (including varsity, j.v., sophomore and freshman) for twelve months from the day of attendance at the new school under the following circumstances: **(a)** The transfer resulted from the student's intent or purpose to participate in athletics at the transferee school. **(b)** The transfer does not otherwise comply with the rules of the State Board of Education. **(c)** The student does not receive confirmation from the Association that the transfer meets the conditions of paragraphs (a) and (b) of this rule. To receive confirmation, any transferring student must provide the Association with specific information regarding the circumstances of the transfer. **(d)** The transfer was mandated by a school district for disciplinary reasons. In such case, the member school shall provide the Association with notice of the action and the reasons therefore. In transfers which have been mandated by a school or district for disciplinary reasons, whether intra-district, inter-district, or between private and/or public schools, the transferred student shall lose eligibility for Association sponsored activities for a period equal to any suspension, bar or dismissal from the transferring school, but in no case shall the period exceed twelve months.

Sports Season Rule: **(a)** No student shall participate in Association activities in more than four seasons in any one activity and not more than three seasons in any one activity after entering the tenth grade. **(b)** A student may participate in only one season per sport in any school year. Participation, for purposes of this rule, includes trying out for a team. **(c)** A school may sponsor an activity only once in any school year.

Attendance Rule: At the time a student first enters the tenth grade of a high school or an equivalent level of education in any other system, that student shall have three consecutive years of eligibility for Association activities.

Scholastic Rule: To be eligible to participate in Association sanctioned activities, a student: **(a)** must be a full time student in the school he or she intends to represent, or otherwise comply with all Utah State Board of Education dual enrollment requirements. **(b)** cannot fail more than one subject in the preceding grading period (for purposes of this rule, a failure in a multi-period subject shall be counted as the number of failures equal to the number of periods in the class); and, **(c)** must have obtained a minimum grade point average (gpa) of 2.0 or its equivalent in that same grading period. * A student who has failed to meet the minimum requirements set forth shall be ineligible for participation in UHSAA activities throughout the next grading period, provided however, that deficiencies in the final grading period of the school year may be made up prior to the first term of the succeeding year by and method acceptable to the school district or member private school. Deficiencies must be made up in the same subject area. * The scholastic regulations apply to students who are entering high school for the first time. They also apply to any ninth grade student at a junior high or middle school, who has established eligibility at a member high school as provided in these by-laws. * Eligibility under this rule is determined when grades are posted. Grades are "posted" when the school registrar enters all grades electronically and are available to students, parents and teachers. In no case may the posting date be more than 5 school days following the last day of the grading period. Grade changes after that time cannot restore lost

eligibility, except for a documented clerical error. * These scholastic regulations are the minimum required for participation in Association activities. Nothing in this rule shall prevent local boards of education or governing boards of private schools from establishing standards, related with grades, that exceed those of the Association. Any such rule, however, is not binding on the Association.

Limited Team Membership: A student, while participating as a member of a high school team, may not participate on a team not sponsored by his or her school in the same activity during the same season. A student may compete in a non-school sponsored contest as an individual, not a team member, while a member of a high school team during an activity season.

Interpretations:

Equivalent Programs: Where there is an equivalent sport for both sexes, girls may not participate on the boys team nor can boys participate on the girls team. Equivalency is to be determined at the region level. Girls and boys may participate on co-educational teams as defined by the Board of Trustees.

If you would like to review the complete UHSAA Handbook, please see Mr. Payne or you can access it on the UHSAA web page.