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- PS 1 Students will demonstrate competency in sewing machine use, care, and safety with the completion of an apparel and personal item/accessory project. ([Strand 2, Performance Objective # 2](#))
- PS 2 Students will create a fabric file. Identify fiber content (e.g., denim, flannel, canvas, calico, satin, rib knit, single knit, polar fleece, sweatshirt fleece, and felt), care, fabrication (e.g., woven, knit, non-woven), and intended use. ([Strand 3, Performance Objective #3](#))
- PS 3 Students will construct an apparel project (pajama pants, lounge/“joggers” pants, elastic or drawstring shorts, basic A-line skirt, basic T-shirt, basic blouse, etc.) using the correct pattern size based on body measurements and finished garment measurements. ([Strand 4, Performance Objective #4](#))
- PS 4 Students will press as you go to complete a professional quality project. ([Strand 5, Performance Objective #5](#))
- PS 5 Students will complete all of the following skills as part of the course. A minimum of 8 skills need to be included as part of an apparel or personal item project.
- a. Serge seam finish
 - b. Zigzag seam finish
 - c. Clean finish seam finish
 - d. Construct seam allowance as indicated on the guide sheet
 - e. Casing (1/4” wider than elastic or draw cord)
 - f. Patch pocket with mitered corners and reinforced top corner (triangle, horizontal, bartack, double row of top stitching)
 - g. Buttonhole
 - h. Attach a button with hand needle and thread
 - i. Construct a machine stitched hem
 - j. Hand stitching (examples: blindstitch, hemstitch, slipstitch, whipstitch, or ladder stitch). ([Strand 4, Performance Objective #6](#))