

- PS 1 Students will demonstrate knowledge, skills, and strategies related to mental and emotional health to enhance self-concept and relationships with others. ([Standard 1](#))
- PS 2 Students will use nutrition and fitness information, skills, and strategies to enhance health. ([Standard 2](#))
- PS 3 Students will demonstrate health-promoting and risk-reducing behaviors to prevent substance abuse. ([Standard 3](#))
- PS 4 Students will demonstrate knowledge of human development, social skills, and strategies that encourage healthy relationships and healthy growth throughout life. ([Standard 6](#))